



SHARK NATION!

2024 Shadowmoss Swim Team

Welcome to the Shadowmoss Sharks Swim Team! We look forward to another fantastic summer! Included in your registration is a T-shirt and swim cap for each swimmer. You will be notified when these are ready to be picked up at the club. Swimsuit purchase is optional. The swimsuit this year will be black with an embroidered logo. It is the same as last year and your swimmers are encouraged to continue to wear last year's suit if it still fits or pass it along to another swimmer. The suits can be viewed and purchased at augustaswimsupply.com. Click on the team login. Username: SM password: 1234. Swimmers are also welcome to swim in their own suits. A representative from Augusta Swim will be at the Overlook Pavilion by the pool on April 14th at 5 PM as well as April 29 at 5 PM for suit fittings. Suits will be available to try on and other swim products will be for sale.

For safety reasons, all swimmers must be able to swim one lap across the pool in 1:15 (one minute 15 seconds). Testing will be done at practice. If your child is unable to complete a lap in the designated time, we will gladly refund any previously paid registration fees. Private swim lessons will also be available if you would like to sign up your child for some lessons to try to improve on their time and then be able to participate on the team.

If you are a sponsor this season, your logo will be due by April 12th by end of day. If you were a sponsor last year and have no changes to your logo, we have the information on file.

Additional information regarding our upcoming swim season is available below and also on the shadowmossgolf.com website. Please read through everything before reaching out with any questions. Danielle Brown is the team manager, and she will be your initial point of contact. She can be reached at ShadowmossSharksRed@gmail.com.

The Shadowmoss Swim Team has three rules: 1. Be Safe 2. Listen 3. Have Fun! Your child will improve their swimming and have fun with the Shadowmoss Swim Team! We are thrilled to have a family-like team and we are so thankful for our wonderful parents who cheer so loud and help make the meets happen!!!

For those of you who are new to summer swimming, please know that we have all been where you are today. There is a lot of information to digest and our coaches and returning families are here to help. Our sincere hope is that you are eager to ask questions and jump right in. Swimming is a great activity for our kids and summer swim is fun to boot!

Practice Schedule:

Practices are held Monday-Thursday and Saturday's for most age groups with the exception of 6 and unders. Swimmers practice based on age and ability. After school is out for the summer swimmers can practice twice a day.

Practices will begin on April 22 for new swimmers only (4/22-4/25)

Practices for returning swimmers will start April 29

Saturday practices will begin May 4

Morning practices will begin June 3

Afternoon practice Monday thru Thursday. No practice Friday afternoon.

4:30 - 5:00 – 6&U group and new 8&U

5:00 - 5:45 – Returning 8&U and 9&10

5:45 - 6:30 – Returning 8&U and 9&10

(Choice between two groups above)

6:30 - 7:30 – 11-12's, 13-14's, & 15-18's

Saturday practice times:

7:00 – 8:00 – 11 and up

8:00 – 9:00 – 10 and under

Morning practice times:

7:00 – 8:30 Monday - Friday

Swim Meets:

- Volunteers are the backbone of the meets. Please note that all families are required to volunteer at a minimum of 1 event.
- It is imperative that Coach Brad knows if your child will be missing a swim meet. Please fill out the vacation book AS SOON as you know that you will miss a meet. Lots of time is spent on the heat sheet and on relays. If a swimmer is missing it causes a lot of stress and sadness.
- According to CCAA rules, swimmers must be able to swim the length of the pool within the required time (1:15) to qualify to swim at a meet. This is also the criteria for swimmers to be on the team.
- Last but not least, each meet will start with Coach Brad's famous "Icky La Boom-Ba" cheer. You won't want to miss it!

Time Trials:

There will be a few time trials held throughout the season. These time trials allow the coaches to plan the heat sheet for the season. They also provide coaches other valuable information on how to plan for the season. Every effort should be made to be at time trials. It is important that swimmers are on time.

Team Communication:

- Sign up Genius: Volunteer signups will be through Sign Up Genius. Once a meet schedule is set and an email roster is established, be on the lookout for volunteer information. Volunteering is a GUARANTEED way to be on deck and able to see your child swim!
- Emails will be sent regularly to update everyone. Information such as volunteer reminders, swims of the meet, and other pertinent information.
- Additional information, league standings, scores and other pertinent information can be found on the CCAA (Coastal Carolina Aquatic Association) website: swimccaa.today
- Updated information for the team will also be posted on shadowmossgolf.com

GO SHARKS!!!!!!